NOA

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MADRID GUIDE · 09

Work and internships

Working or doing an internship in Madrid is possible and adds a lot to your experience. Do it with everything in order.



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How to read the labels: Official information from a public administration. Checked by NOA checked in several sources, not official. Students' experience advice from the community.

Can I work while I study?

- **EU students:** yes, on the same terms as Spanish students.
- **Non-EU students with a stay for higher education** (bachelor's, master's, PhD), vocational training or specialised health training: since 20 May 2025 you can work **up to 30 hours a week**, employed or self-employed, **without applying for another permit**, as long as the work is compatible with your studies Official.
- **Other studies** (language courses, for example): you need specific authorisation.
- Going over 30 hours can put your stay authorisation at risk. And before you start working, your study stay must already be granted.

Internships

- Company internships are normally arranged through an **agreement between your university and the company**. Talk to your institution's internships or careers office.
- Since 2024, training internships in Spain are covered by Social Security. The company or the university handles the registration, but always ask.
- Ask for these in writing: hours, tasks, supervisor, length and pay, if any.

Where to look

- Your university's jobs and internships portal.
- LinkedIn, InfoJobs and sector job boards.
- University job fairs.
- Your network: teachers, classmates and community.

Warning signs

- Offers that ask you to **pay** to get the job or internship.
- Work without a contract, cash in hand.
- Internships that are really a full-time job with no training or supervisor.

After your studies

Current rules make it easier, in some cases, to move from student to worker without going back to your country. Requirements change: check the official immigration information or your university before you finish your studies.

If you're family

Working a few hours can help with costs and with the language, but studying is the reason for their stay. If they're from outside the EU, it's important to respect the 30-hour limit so their authorisation isn't put at risk.

Checklist

- [ ] Know what type of stay I have and what it allows
- [ ] Talk to the internships/careers office
- [ ] Written contract or agreement
- [ ] Weekly hours under control (non-EU: maximum 30)

Official sources

- Royal Decree 1155/2024, Immigration Regulations (BOE)
- Ministry of Inclusion, Social Security and Migration
- Your university's internships office

This guide is for guidance only and is updated often. For legal procedures, always check the official source or your university. NOA does not replace legal or medical advice.
Last reviewed: 25/11/2026 · Is something missing from this guide? Tell us your question or your experience. **noamadrid.com**